

Say hello to
breakfast

SAY HELLO TO RED®

ramadalisbon.pt

Say hello to American buffet

Cereais e sementes: Corn Flakes, Chocapic, Muesli, Nestum e weatabix. Passas de uva, pevides, amêndoa, amendoim

Pão e Pastelaria: Pão sementes papoila, pão sésamo, pão integral, pão de alfarroba, bola de água, bola de Berlim, pão de leite, pão de forma escuro, pão de forma, pão saloio, bola sementes, croissant normal e sementes, pasteis de nata, dinamarquesas e napolitanas

Compotas: Pêssego, morango, laranja, Nutella, mel

Laticínios: Manteiga, margarina, iogurte natural, iogurte de pêssego, morango, seleção iogurtes magros

Bebidas quentes: Leite meio gordo, café, chá, cevada e chocolate em pó

Bebidas frias: Leite magro, leite meio gordo, leite de soja, leite sem lactose. Sumo de laranja natural, frutos tropicais e pêssego

Frutas: Cesta de fruta, salada de fruta, melão, uvas, laranja, abacaxi, pêssego em calda e fruta da estação

Legumes: Tomate, pepino, alface

Charcutaria: Queijos (fresco, gouda, flamengo, Castelões), fiambre de porco e peru, chourição, salame

Quentes: Salsichas, bacon, ovos mexidos, feijão cogumelos, legumes, batata rosti

Produtos glúten free sob pedido

Say hello to extras

Taça de açaí com fruta e granola caseira €8

Bowl iogurte grego, fruta fresca, granola e mel (opções sem lactose) €8.50

Ovos benedict com fiambre de frango fumado em forno a lenha €14.50

Omelete à sua escolha (queijo, fiambre, cogumelos, camarão e espargos) €11

Omelete de claras com espinafres e requeijão €13.50

Waffles com fruta fresca €9

Panquecas ou crepes, com maple syrup ou Nutella €8

Sopa Miso €7

Flute espumante €7.50

Mimosa €8

Sumo de abacaxi com hortelã €6.50

Sumo de cenoura, laranja e papaia €6.50

Sumo detox verde (espinafres, pepino, maçã verde e limão) €7

Smoothie de banana, manga e maracujá €7

Smoothie de abacaxi e côco com sementes de chia tostadas €7

Say hello to American buffet

Cereals and seeds: Corn Flakes, Chocapic, Muesli, Nestum and weatabix. Raisins, pevides, almonds, peanuts

Bread and Pastry: Bread poppy seeds, sesame bread, whole wheat bread, carob bread, water ball, Berlin ball, milk loaf, dark bread loaf, loaf bread, loaf bread, cream pastries, danish and neapolitan

Jams: Peach, strawberry, orange, Nutella, honey

Dairy: Butter, margarine, natural yogurt, peach yogurt, strawberry, selection of lean yogurts

Hot drinks: Half-fat milk, coffee, tea, barley and chocolate powder

Cold drinks: Lean milk, half-fat milk, soy milk, lactose-free milk. Natural orange juice, tropical fruits and peach

Fruits: Fruit basket, fruit salad, melon, grapes, orange, pineapple, peach in syrup and seasonal fruit

Vegetables: Tomato, cucumber, lettuce

Delicatessen: Cheeses (fresh, gouda, Flemish, Castelões), pork and turkey ham, chourição, salami

Hot: Sausages, bacon, scrambled eggs, beans mushrooms, vegetables, potato rosti

Gluten free products on request

Say hello to extras

Acai bowl with fruit and homemade granola €8

Bowl iogurte grego, fruta fresca, granola e mel (opções sem lactose) €8.50

Eggs Benedict with smoked chicken ham in a wood-fired oven €14.50

Omelette of your choice (cheese, ham, mushrooms, shrimp and asparagus) €11

Omelet of egg whites with spinach and curd €13.50

Waffles with fresh fruit €9

Pancakes or crepes, with maple syrup or Nutella €8

Miso soup €7

Flute od sparkling wine €7.50

Mimosa €8

Pineapple juice with mint €6.50

Carrot, orange and papaya juice €6.50

Green detox juice (spinach, cucumber, green apple and lemon) €7

Smoothie of banana, mango and passion fruit €7

Pineapple and coconut smoothie with toasted chia seeds €7